

# September 19 - 25, 2022

## MONDAY, SEPTEMBER 19

2<sup>nd</sup> Grade Learn to Swim in Rec Pool 10am-130pm

<p><b>Rec Pool</b> Water Fitness 745-845am 845-945am 530-630pm</p> <p>Lap Swim &amp; Water Walking <u>Time</u>    <u>Lanes</u> 6-745am    4 745am-315pm    2 315-530pm    4 530-7pm    2</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 145-315pm</p> <p>Deep Water Fitness 915-1015am</p>	<p><b>Training Pool</b> Lap Swim <b>7' Lanes</b> <u>Time</u>    <u>Lanes</u> 530-7am    4 7-730am    5 730-830am    7 830-9am    9 9-1015am    10 1015am-4pm    11 4-430pm    8 430-530pm    4 530-7pm    3 7-8pm    9</p> <p><b>4' Lanes</b> <u>Time</u>    <u>Lanes</u> 530-830am    8 830-10am    6 10am-4pm    8 4-430pm    2 430-8pm    1</p>
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## TUESDAY, SEPTEMBER 20

2<sup>nd</sup> Grade Learn to Swim in Rec Pool 10am-130pm

<p><b>Rec Pool</b> Water Fitness 745-845am 845-945am 530-630pm</p> <p>Lap Swim &amp; Water Walking <u>Time</u>    <u>Lanes</u> 6-715am    4 715am-315pm    2 315-4pm    4 4-530pm    3 530-7pm    1</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 145-315pm</p>	<p><b>Training Pool</b> Lap Swim <b>7' Lanes</b> <u>Time</u>    <u>Lanes</u> 530-7am    4 7-730am    5 730-9am    9 9am-4pm    11 4-430pm    3 430-7pm    2 7-8pm    3</p> <p><b>4' Lanes</b> <u>Time</u>    <u>Lanes</u> 530-830am    8 830-10am    6 10am-4pm    8 4-430pm    5 430-7pm    1 7-8pm    5</p>
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## WEDNESDAY, SEPTEMBER 21

2<sup>nd</sup> Grade Learn to Swim in Rec Pool 10am-130pm

<p><b>Rec Pool</b> Water Fitness 745-845am 845-945am 530-630pm</p> <p>Lap Swim &amp; Water Walking <u>Time</u>    <u>Lanes</u> 6-745am    4 745am-315pm    2 315-530pm    4 530-7pm    2</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 145-315pm</p>	<p><b>Training Pool</b> Lap Swim <b>7' Lanes</b> <u>Time</u>    <u>Lanes</u> 530-7am    4 7-730am    5 730-830am    7 830-9am    9 9am-4pm    11 4-430pm    8 430-530pm    4 530-7pm    3 7-8pm    11</p> <p><b>4' Lanes</b> <u>Time</u>    <u>Lanes</u> 530-730am    6 730-830am    8 830-10am    6 10am-4pm    8 4-430pm    2 430-8pm    1</p>
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## THURSDAY, SEPTEMBER 22

2<sup>nd</sup> Grade Learn to Swim in Rec Pool 10am-130pm

<p><b>Rec Pool</b> Water Fitness 745-845am 845-945am 530-630pm</p> <p>Lap Swim &amp; Water Walking <u>Time</u>    <u>Lanes</u> 6-715am    4 715am-315pm    2 315-4pm    4 4-530pm    3 530-7pm    1</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 145-315pm</p>	<p><b>Training Pool</b> Lap Swim <b>7' Lanes</b> <u>Time</u>    <u>Lanes</u> 530-7am    4 7-730am    5 730-9am    9 9am-4pm    11 4-430pm    3 430-7pm    2 7-8pm    3</p> <p><b>4' Lanes</b> <u>Time</u>    <u>Lanes</u> 530-830am    8 830-10am    6 10am-4pm    8 4-430pm    5 430-7pm    1 7-8pm    5</p>
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**FRIDAY, SEPTEMBER 23**

2<sup>nd</sup> Grade Learn to Swim in Rec Pool 10am-130pm

**Rec Pool**

Water Fitness

745-845am  
845-945am

Lap Swim & Water Walking

Time	Lanes
6-745am	4
745am-130pm	2
130-315pm	4

Senior Open Swim

9am-12pm

Family Swim

130-3pm

**Training Pool**

Lap Swim

**7' Lanes**

Time	Lanes
530-7am	4
7-730am	5
730-9am	9
9am-4pm	11
4-430pm	4
430-5pm	1
5-6pm	3
6-7pm	1
7-8pm	6

**4' Lanes**

Time	Lanes
530-7am	4
7am-4pm	8
4-430pm	2
430-8pm	1

**SATURDAY, SEPTEMBER 24**

**Rec Pool**

Lap Swim & Water Walking

Time	Lanes
7-8am	4
8am-12pm	3

Family Swim

130-3pm

**Training Pool**

Lap Swim

**7' Lanes**

Time	Lanes
7-9am	2
9-10am	4
10am-1215pm	2
1215-1pm	8
1-3pm	10
3-5pm	8

**4' Lanes**

Time	Lanes
7-830am	3
830-9am	1
9-10am	3
10am-1230pm	8
1230-5pm	5

Family Lap Swim

1230-5pm

Fin Time

3-5pm

**SUNDAY, SEPTEMBER 25**

**CLOSED**