

October 3 – October 9, 2022

MONDAY, OCTOBER 3

<p><u>Rec Pool</u> Water Fitness 745-845am 845-945am 530-630pm</p> <p>Lap Swim & Water Walking</p> <table border="0"> <thead> <tr> <th><u>Time</u></th> <th><u>Lanes</u></th> </tr> </thead> <tbody> <tr><td>6-745am</td><td>4</td></tr> <tr><td>745-945am</td><td>2</td></tr> <tr><td>945am-130pm</td><td>4</td></tr> <tr><td>130-315pm</td><td>2</td></tr> <tr><td>315-530pm</td><td>4</td></tr> <tr><td>530-7pm</td><td>2</td></tr> </tbody> </table> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 145-315pm</p> <p>Deep Water Fitness 915-1015am</p>	<u>Time</u>	<u>Lanes</u>	6-745am	4	745-945am	2	945am-130pm	4	130-315pm	2	315-530pm	4	530-7pm	2	<p><u>Training Pool</u> Lap Swim</p> <p><u>7' Lanes</u></p> <table border="0"> <thead> <tr> <th><u>Time</u></th> <th><u>Lanes</u></th> </tr> </thead> <tbody> <tr><td>530-7am</td><td>4</td></tr> <tr><td>7-730am</td><td>5</td></tr> <tr><td>730-830am</td><td>7</td></tr> <tr><td>830-9am</td><td>9</td></tr> <tr><td>9-1015am</td><td>10</td></tr> <tr><td>1015am-4pm</td><td>11</td></tr> <tr><td>4-430pm</td><td>8</td></tr> <tr><td>430-530pm</td><td>4</td></tr> <tr><td>530-7pm</td><td>3</td></tr> <tr><td>7-8pm</td><td>9</td></tr> </tbody> </table> <p><u>4' Lanes</u></p> <table border="0"> <thead> <tr> <th><u>Time</u></th> <th><u>Lanes</u></th> </tr> </thead> <tbody> <tr><td>530-830am</td><td>8</td></tr> <tr><td>830-10am</td><td>6</td></tr> <tr><td>10am-4pm</td><td>8</td></tr> <tr><td>4-430pm</td><td>2</td></tr> <tr><td>430-730pm</td><td>1</td></tr> <tr><td>730-8pm</td><td>8</td></tr> </tbody> </table>	<u>Time</u>	<u>Lanes</u>	530-7am	4	7-730am	5	730-830am	7	830-9am	9	9-1015am	10	1015am-4pm	11	4-430pm	8	430-530pm	4	530-7pm	3	7-8pm	9	<u>Time</u>	<u>Lanes</u>	530-830am	8	830-10am	6	10am-4pm	8	4-430pm	2	430-730pm	1	730-8pm	8
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FRIDAY, OCTOBER 7

Rec Pool

Water Fitness

745-845am
845-945am

Lap Swim & Water

Walking

<u>Time</u>	<u>Lanes</u>
6-745am	4
745-945am	2
945am-3pm	4

Senior Open Swim

9am-12pm

Family Swim

130-3pm

Training Pool

Lap Swim

7' Lanes

<u>Time</u>	<u>Lanes</u>
530-7am	4
7-730am	5
730-9am	9
9am-4pm	11
4-430pm	4
430-5pm	2
5-530pm	5
530-7pm	1
7-8pm	4

4' Lanes

<u>Time</u>	<u>Lanes</u>
530-7am	2
7-730am	6
730am-4pm	8
4-430pm	3
430-730pm	1
730-8pm	8

SATURDAY, OCTOBER 8

Rec Pool

Lap Swim & Water

Walking

<u>Time</u>	<u>Lanes</u>
7-8am	4
8am-12pm	3

Family Swim

130-3pm

Training Pool

Lap Swim

7' Lanes

<u>Time</u>	<u>Lanes</u>
7-830am	9
830-10am	0
10am-1pm	2
1-3pm	4
3-5pm	2

4' Lanes

<u>Time</u>	<u>Lanes</u>
7-9am	1
9am-1215pm	2
1215-5pm	5

Family Lap Swim

1230-5pm

Fin Time

3-5pm

SUNDAY, OCTOBER 9

CLOSED