

July 25 – July 31, 2022

MONDAY, JULY 25

<p><u>Rec Pool</u> Water Fitness 8-9am 915-1015am 530-630pm</p> <p>Lap Swim & Water Walking <u>Time</u> <u>Lanes</u> 6-8am 4 8-915am 3 915-1015am 1 1015am-1230pm 3 1230-345pm 2 345-530pm 3 530-7pm 1</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 1230-2PM 215-345PM</p> <p>Deep Water Fitness 915-1015am</p>	<p><u>Training Pool</u> Lap Swim <u>50 meter Lanes</u> <u>Time</u> <u>Lanes</u> 6-730am 2 730-8am 4 8-9am 8 9-10am 6 10-11am 7 11-1130am 6 1130am-1230pm 2 1230-1pm 5 1-2pm 7 2-4pm 8 4-5pm 6 5-7pm 8</p> <p><u>25 meter Lanes</u> <u>Time</u> <u>Lanes</u> 6-915am 2 915-1015am 0 1015am-4pm 2 4-5pm 0 5-7pm 2</p>
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TUESDAY, JULY 26

<p><u>Rec Pool</u> Water Fitness 8-9am 915-1015am 530-630pm</p> <p>Lap Swim & Water Walking <u>Time</u> <u>Lanes</u> 6-915am 3 915-1015am 1 1015am-1230pm 3 1230-345pm 2 345-530pm 3 530-7pm 1</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 1230-2PM 215-345PM</p>	<p><u>Training Pool</u> Lap Swim <u>50 meter Lanes</u> <u>Time</u> <u>Lanes</u> 6-8am 8</p> <p><u>25 meter Lanes</u> <u>Time</u> <u>Lanes</u> 6-8am 2</p> <p><u>7' Lanes</u> <u>Time</u> <u>Lanes</u> 1-4pm 11 4-5pm 2 5-530pm 4 530-7pm 11</p> <p><u>4'Lanes</u> <u>Time</u> <u>Lanes</u> 1-7pm 8</p> <p><u>Competition Pool</u> <u>Time</u> <u>Lanes</u> 8-1130am 7 1130am-1pm 2</p>
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WEDNESDAY, JULY 27

<p><u>Rec Pool</u> Water Fitness 8-9am 915-1015am 530-630pm</p> <p>Lap Swim & Water Walking <u>Time</u> <u>Lanes</u> 6-8am 4 9-915am 3 915-1015am 1 1015am-1230pm 3 1230-345pm 2 345-530pm 3 530-7pm 1</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 1230-2PM 215-345PM</p>	<p><u>Training Pool</u> Lap Swim <u>7' Lanes</u> <u>Time</u> <u>Lanes</u> 6-7am 7 7-9am 11 9-10am 7 10-11am 9 11-1130am 7 1130am-1230pm 2 1230-1pm 5 1-130pm 9 130-2pm 10 2-4pm 11 4-530pm 2 530-7pm 9</p> <p><u>4' Lanes</u> <u>Time</u> <u>Lanes</u> 6am-4pm 8 4-5pm 6 5-7pm 8</p>
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THURSDAY, JULY 28

<p><u>Rec Pool</u> Water Fitness 8-9am 915-1015am 530-630pm</p> <p>Lap Swim & Water Walking <u>Time</u> <u>Lanes</u> 6-915am 3 915-1015am 1 1015am-1230pm 3 1230-3pm 2 3-330pm 1 330-4pm 2 4-530pm 3 530-7pm 1</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 1230-2PM 215-345PM</p>	<p><u>Training Pool</u> Lap Swim <u>7' Lanes</u> <u>Time</u> <u>Lanes</u> 6-9am 11 9-11am 9 11-1130am 7 1130am-1230pm 4 1230-1pm 5 1-2pm 9 2-3pm 11 3-4pm 10 4-5pm 9 5-7pm 11</p> <p><u>4' Lanes</u> <u>Time</u> <u>Lanes</u> 6am-4pm 8 4-6pm 2 6-7pm 8</p>
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FRIDAY, JULY 29

Rec Pool

Water Fitness

8-9am
915-1015am

Lap Swim & Water

Walking

<u>Time</u>	<u>Lanes</u>
6-8am	4
8-915am	3
915-1015am	2
1015am-1230pm	4
1230-315pm	2

Senior Open Swim

9am-12pm

Family Swim

1230-145pm
2-315pm

Training Pool

Lap Swim

7' Lanes

<u>Time</u>	<u>Lanes</u>
6-730am	0
730am-8am	4
8am-5pm	0
5pm-7pm	3

4' Lanes

<u>Time</u>	<u>Lanes</u>
6-8am	2
8am-7pm	8

SATURDAY, JULY 30

Rec Pool

Water Fitness

930-1030am
1045-1145am

Lap Swim & Water

Walking

<u>Time</u>	<u>Lanes</u>
7-930am	4
930am-1230pm	1

Family Swim

1230-145pm
2-315pm

Training Pool

Lap Swim

7' Lanes

<u>Time</u>	<u>Lanes</u>
7am-5pm	3
5pm-7pm	0

4' Lanes

<u>Time</u>	<u>Lanes</u>
7-9am	8
9-11am	6
11am-12pm	4
12pm-1pm	6
1pm-5pm	8

SUNDAY, JULY 31

CLOSED

