

# August 22 – August 28, 2022

## MONDAY, AUGUST 22

2<sup>nd</sup> Grade Learn to Swim in Rec Pool 10am-130pm

<p><b><u>Rec Pool</u></b> Water Fitness 8-9am 915-1015am 530-630pm</p> <p>Lap Swim &amp; Water Walking <u>Time</u>      <u>Lanes</u> 6-8am            4 8-915am        3 915am-345pm   2 345-530pm     4 530-7pm        2 6-8am            4</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 215-345PM</p>	<p><b><u>Training Pool</u></b> Lap Swim  <b><u>7' Lanes</u></b> <u>Time</u>      <u>Lanes</u> 6-8am            5 8-915am        11 915-1015am    10 1015am-2pm    11 2-5pm            5 5-530pm        8 530-7pm        11</p> <p><b><u>4' Lanes</u></b> <u>Time</u>      <u>Lanes</u> 6-730am        4 730am-4pm     8 4-430pm        2 430-7pm        1</p> <p>Deep Water Fitness 915-1015am</p>
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## TUESDAY, AUGUST 23

2<sup>nd</sup> Grade Learn to Swim in Rec Pool 10am-130pm

<p><b><u>Rec Pool</u></b> Water Fitness 8-9am 915-1015am 530-630pm</p> <p>Lap Swim &amp; Water Walking <u>Time</u>      <u>Lanes</u> 6-915am        3 915am-345pm   2 345-530pm     4 530-7pm        2</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 215-345PM</p>	<p><b><u>Training Pool</u></b> Lap Swim  <b><u>7' Lanes</u></b> <u>Time</u>      <u>Lanes</u> 6-8am            5 8am-2pm        11 2-5pm            5 5-530pm        8 530-7pm        11</p> <p><b><u>4' Lanes</u></b> <u>Time</u>      <u>Lanes</u> 6-730am        4 730am-4pm     8 4-430pm        2 430-7pm        1</p>
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## WEDNESDAY, AUGUST 24

2<sup>nd</sup> Grade Learn to Swim in Rec Pool 10am-130pm

<p><b><u>Rec Pool</u></b> Water Fitness 8-9am 915-1015am 530-630pm</p> <p>Lap Swim &amp; Water Walking <u>Time</u>      <u>Lanes</u> 6-8am            4 8-915am        3 915am-345pm   2 345-530pm     4 530-7pm        2</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 215-345PM</p>	<p><b><u>Training Pool</u></b> Lap Swim  <b><u>7' Lanes</u></b> <u>Time</u>      <u>Lanes</u> 6am-2pm        11 2-5pm            5 5-530pm        8 530-7pm        11</p> <p><b><u>4' Lanes</u></b> <u>Time</u>      <u>Lanes</u> 6-730am        4 730am-4pm     8 4-430pm        2 430-7pm        1</p>
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## THURSDAY, AUGUST 25

2<sup>nd</sup> Grade Learn to Swim in Rec Pool 10am-130pm

<p><b><u>Rec Pool</u></b> Water Fitness 8-9am 915-1015am 530-630pm</p> <p>Lap Swim &amp; Water Walking <u>Time</u>      <u>Lanes</u> 6-915am        3 915am-345pm   2 345-530pm     4 530-7pm        2</p> <p>Senior Open Swim 9am-12pm</p> <p>Family Swim 215-345PM</p>	<p><b><u>Training Pool</u></b> Lap Swim  <b><u>7' Lanes</u></b> <u>Time</u>      <u>Lanes</u> 6-8am            5 8am-2pm        11 2-5pm            4 5-530pm        8 530-7pm        11</p> <p><b><u>4' Lanes</u></b> <u>Time</u>      <u>Lanes</u> 6-730am        4 730am-4pm     8 4-430pm        2 430-7pm        1</p>
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**FRIDAY, AUGUST 26**

2<sup>nd</sup> Grade Learn to Swim in Rec Pool 10am-130pm

**Rec Pool**

Water Fitness

8-9am  
915-1015am

Lap Swim & Water  
Walking

Time	Lanes
6-8am	4
8-915am	3
915am-130pm	2
130-315pm	4

Senior Open Swim

9am-12pm

Family Swim

**Training Pool**

Lap Swim

**7' Lanes**

Time	Lanes
6-8am	5
8am-5pm	11
5-7pm	10

**4' Lanes**

Time	Lanes
6-730am	4
730am-4pm	8
4-430pm	2
430-7pm	1

**SATURDAY, AUGUST 27**

**Rec Pool**

Water Fitness

930-1030am  
1045-1145am

Lap Swim & Water  
Walking

Time	Lanes
7-930am	4
930am-1230pm	2

Family Swim

1230-145pm  
2-315pm

**Training Pool**

Lap Swim

**7' Lanes**

Time	Lanes
7am-1215pm	5
1215-330pm	10
330-5pm	11

**4' Lanes**

Time	Lanes
7am-5pm	8

**SUNDAY, AUGUST 28**

**CLOSED**