

August 15 – August 21, 2022

MONDAY, AUGUST 15

<u>Rec Pool</u>		<u>Training Pool</u>	
<u>Water Fitness</u>		<u>Lap Swim</u>	
8-9am			
915-1015am		<u>7' Lanes</u>	
530-630pm		<u>Time</u>	<u>Lanes</u>
		6-9am	11
		9-1015am	10
		1015am-430pm	11
		430-7pm	3
<u>Lap Swim & Water Walking</u>		<u>4' Lanes</u>	
<u>Time</u>	<u>Lanes</u>	<u>Time</u>	<u>Lanes</u>
6-8am	4	6-730am	4
8-915am	3	730am-7pm	8
915-1015am	2		
1015am-1230pm	4		
1230-345pm	2		
345-530pm	4		
530-7pm	2		
 <u>Senior Open Swim</u>		 <u>Deep Water Fitness</u>	
9am-12pm		915-1015am	
 <u>Family Swim</u>			
1230-2PM			
215-345PM			

TUESDAY, AUGUST 16

<u>Rec Pool</u>		<u>Training Pool</u>	
<u>Water Fitness</u>		<u>Lap Swim</u>	
8-9am			
915-1015am		<u>7' Lanes</u>	
530-630pm		<u>Time</u>	<u>Lanes</u>
		6am-430pm	11
		430-7pm	3
<u>Lap Swim & Water Walking</u>		<u>4' Lanes</u>	
<u>Time</u>	<u>Lanes</u>	<u>Time</u>	<u>Lanes</u>
6-915am	3	6-730am	4
915-1015am	2	730am-7pm	8
1015am-1230pm	4		
1230-345pm	2		
345-530pm	4		
530-7pm	2		
 <u>Senior Open Swim</u>			
9am-12pm			
 <u>Family Swim</u>			
1230-2PM			
215-345PM			

WEDNESDAY, AUGUST 17

<u>Rec Pool</u>		<u>Training Pool</u>	
<u>Water Fitness</u>		<u>Lap Swim</u>	
8-9am			
915-1015am		<u>7' Lanes</u>	
530-630pm		<u>Time</u>	<u>Lanes</u>
		6am-430pm	11
		430-7pm	3
<u>Lap Swim & Water Walking</u>		<u>4' Lanes</u>	
<u>Time</u>	<u>Lanes</u>	<u>Time</u>	<u>Lanes</u>
6-8am	4	6-730am	4
9-915am	3	730am-7pm	8
915-1015am	2		
1015am-1230pm	4		
1230-345pm	2		
345-530pm	4		
530-7pm	2		
 <u>Senior Open Swim</u>			
9am-12pm			
 <u>Family Swim</u>			
1230-2PM			
215-345PM			

THURSDAY, AUGUST 18

<u>Rec Pool</u>		<u>Training Pool</u>	
<u>Water Fitness</u>		<u>Lap Swim</u>	
8-9am			
915-1015am		<u>7' Lanes</u>	
530-630pm		<u>Time</u>	<u>Lanes</u>
		6am-315pm	11
		315-430pm	10
		430-7pm	3
<u>Lap Swim & Water Walking</u>		<u>4' Lanes</u>	
<u>Time</u>	<u>Lanes</u>	<u>Time</u>	<u>Lanes</u>
6-915am	3	6-730am	4
915-1015am	2	730am-7pm	8
1015am-1230pm	4		
1230-345pm	2		
345-530pm	4		
530-7pm	2		
 <u>Senior Open Swim</u>			
9am-12pm			
 <u>Family Swim</u>			
1230-2PM			
215-345PM			

FRIDAY, AUGUST 19

Rec Pool

Water Fitness

8-9am
915-1015am

Lap Swim & Water

Walking

<u>Time</u>	<u>Lanes</u>
6-8am	4
8-915am	3
915-1015am	2
1015am-1230pm	4
1230-315pm	2

Senior Open Swim

9am-12pm

Family Swim

1230-145pm
2-315pm

Training Pool

Lap Swim

7' Lanes

<u>Time</u>	<u>Lanes</u>
6-730am	7
730am-5pm	11
5-7pm	10

4' Lanes

<u>Time</u>	<u>Lanes</u>
6am-7pm	8

SATURDAY, AUGUST 20

Rec Pool

Water Fitness

930-1030am
1045-1145am

Lap Swim & Water

Walking

<u>Time</u>	<u>Lanes</u>
7-930am	4
930am-1230pm	1

Family Swim

1230-145pm
2-315pm

Training Pool

Lap Swim

7' Lanes

<u>Time</u>	<u>Lanes</u>
7-10am	11
10-11am	9
11am-12pm	7
12-1pm	9
1-330pm	10
330-5pm	11

4' Lanes

<u>Time</u>	<u>Lanes</u>
7-9am	8
9-10am	6
10am-5pm	8

SUNDAY, AUGUST 21

CLOSED