

May 9 – May 15, 2022

MONDAY, MAY 9

Rec Pool

Water Fitness

Senior H20 – 8-9am
We Coach – 915-1015am
We Coach – 530-630pm

Lap Swim & Water

Walking

Time	Lanes
6-8am	5
8am-530pm	2
630-8pm	2

Training Pool

Lap Swim

7' Lanes

Time	Lanes
530-7am	2
7-730am	5
730-830am	10
830am-4pm	11
4-5pm	0
5-530pm	5
530-8pm	7

4' Lanes

Time	Lanes
530-730am	2
730am-4pm	8
4-430pm	6
430-5pm	4
5-530pm	5
530-7pm	1
7-8pm	8

Senior Open Swim

9am-12pm

Family Swim

145-315pm

TUESDAY, MAY 10

Rec Pool

Water Fitness

Senior H20 – 8-9am
We Coach – 915-1015am
We Coach – 530-630pm
Blast & Burn – 645-745pm

Lap Swim & Water

Walking

Time	Lanes
6-8am	3
8-1015am	2
1015-1115am	4
1115am-315pm	2
315-530pm	3
530-630pm	1
630-8pm	2

Senior Open Swim

9am-12pm

Family Swim

145-315pm

Training Pool

Lap Swim

7' Lanes

Time	Lanes
530am-4pm	11
4-430pm	7
430-5pm	5
5-530pm	7
530-6pm	1
6-7pm	2
7-8pm	7

4' Lanes

Time	Lanes
530-7am	1
7-830am	8
830-930am	6
930am-330pm	8
330-430pm	6
430-8pm	2
530-7am	1

WEDNESDAY, MAY 11

Rec Pool

Water Fitness

Senior H20 – 8-9am
We Coach – 915-1015am
We Coach – 530-630pm

Lap Swim & Water

Walking

Time	Lanes
6-8am	5
830am-530pm	2
630-8pm	2

Training Pool

7' Lanes

Time	Lanes
530-730am	1
730-830am	10
830am-4pm	11
4-5pm	0
5-530pm	5
530-6pm	2
6-7pm	7
7-8pm	8

4' Lanes

Time	Lanes
530-730am	2
730am-4pm	8
4-430pm	6
430-5pm	4
5-530pm	5
530-6pm	2
6-7pm	1
7-8pm	8

Senior Open Swim

9am-12pm

Family Swim

145-315pm

THURSDAY, MAY 12

Rec Pool

Water Fitness

Senior H20 – 8-9am
We Coach – 915-1015am
We Coach – 530-630pm
Blast & Burn – 645-745pm

Lap Swim & Water

Walking

Time	Lanes
6-8am	3
8am-315pm	2
315-530pm	3
530-630pm	1
630-8pm	2

Senior Open Swim

9am-12pm

Family Swim

145-315pm

Training Pool

Lap Swim

7' Lanes

Time	Lanes
530-730am	8
730am-4pm	11
4-430pm	7
430-5pm	5
5-530pm	6
530-6pm	1
6-7pm	2
7-8pm	5

4' Lanes

Time	Lanes
530-630am	1
630-830am	8
830-930am	6
930am-330pm	8
330-430pm	6
430-8pm	2

FRIDAY, MAY 13

Rec Pool

Water Fitness

Senior H2O – 8-9am

Aqua Dance – 915-1015am

Lap Swim & Water

Walking

Time Lanes

6-8am 5

8am-315pm 2

Training Pool

Lap Swim

7' Lanes

Time Lanes

530-7am 7

7am-4pm 11

4-5pm 2

5-7pm 0

7-730pm 2

730-8pm 9

4' Lanes

Time Lanes

530-7am 6

7am-330pm 8

330-430pm 6

430-5pm 4

5-6pm 2

6-8pm 4

Senior Open Swim

9am-12pm

Family Swim

145-315pm

SATURDAY, MAY 14

Rec Pool

Water Fitness

We Coach – 930-1030am

Aqua Cond. –1045-1145am

Lap Swim & Water

Walking

Time Lanes

7-930am 4

930am-315pm 2

Family Swim

145-315pm

Training Pool

Lap Swim

7' Lanes

Time Lanes

7-9am 7

8-1030am 4

1030am-12pm 0

12-3pm 3

3-5pm 4

4' Lanes

Time Lanes

7-9am 2

9am-12pm 3

12-1pm 1

1-215pm 3

215-5pm 8

Fin Time

1-3pm

SUNDAY, MAY 15

CLOSED