



GREENSBORO AQUATIC CENTER

Dear Students and Parents,

Welcome to Swim Lessons at the Greensboro Aquatic Center. We are pleased you have chosen the GAC for learning how to swim. Every GAC swim class includes instruction in five topic areas: personal safety, personal growth, stroke development, water sports games and rescue. More than that, in GAC programs we want all people to grow personally and have fun.

Here are some things you should know about swim lessons that will help you:

- Returning students should register for the swim level indicated by their previous instructor. Please make sure you know which level your child will be in before registration. The first day of class will include a secondary assessment to make sure each child is in the right level. If a child is not in the correct level, they will be removed. They will be placed into an appropriate level class **ONLY** if space is available.
- **Parents of children 3 - 5 years old are required to drop their child off with their instructor before class and pick them up from their instructor after class.** Once the class is all together, instructors will disperse to other areas on the deck.
- Parents are encouraged to sit in the Mezzanine, located upstairs or in the lobby. Seating is also available on the bleachers, but preferably away from classes.
- Parents are not permitted to leave the facility during lessons in case an emergency should arise.
- Please take a shower before entering the pool.
- Please do not allow your children to get in the pool before swim lessons.
- Please no one of opposite gender in the men's/women's locker room over the age of 5. Family locker rooms are available for members of the opposite gender to assist children.
- Everyone learns at a different pace. It is common to take the same swim level multiple times.
- There will be certified lifeguards on duty during all sessions.

In the event that swim lessons are cancelled due to weather or accidents in the pool, we attempt to call all participants. With weather related issues, the decision to cancel a class is made at least 1 hour before class time. If you are unsure, please call the Greensboro Aquatic Center at 336-315-8498. Make-ups for classes due to these circumstances are at the discretion of the Program Coordinator.

RESTRICTED REGISTRATION

Restricted Registration is the GAC allowing an early opportunity for those who wish to continue swim lessons with us to do so. On your second to last swim lesson, your child will receive an assessment card designating what level they should be in for the next session. In order to participate in restricted registration, you must present this card from the instructor to the front desk staff. Should you need a replacement card, please speak with your instructor.

Restricted registration is available **IN PERSON ONLY.**

If you have any questions or concerns, please speak with a GAC supervisor before or after class, or you may contact front desk at (336) 315-8498. Again thank you for your interest in the Greensboro Aquatic Center.

Thank You,
GAC Management