

LIFEGUARD CERTIFICATION CLASSES

Prerequisites

- Must be at least 15 years of age
- Able to swim 300 yards continuously using front crawl and breast stroke techniques
- Tread water for two minutes without the use of their hands
- Must be able to surface dive 7-10 feet to retrieve a 10lb weight, return to surface and swim an additional 20 yards while carrying weight on chest



Certification Lifeguard Class \$285

January 19-21st
January 22nd

Class 1. January 19-22

4:30pm—8:30pm
8:00am—5:00pm

February 7-10

Class 2. February 7-10

4:30pm—8:30pm

March 23-25
March 26th

Class 3. March 23-26

4:30pm—8:30pm
8:00am—5:00pm

April 6-8
April 9th

Class 4. April 6-9

4:30pm-8:30pm
8:00am-5:00pm

Register in person or register online today!

1921 W Gate City Blvd. Greensboro, NC 27403

Greensboroaquaticcenter.com

(336)315-8498

Refunds are at the discretion of the facility manager