

LIFEGUARD CERTIFICATION CLASSES

Prerequisites

- Must be at least 15 years of age
- Able to swim 300 yards continuously using front crawl and breast stroke techniques
- Tread water for two minutes without the use of their hands
- Must be able to surface dive 7-10 feet to retrieve a 10lb weight, return to surface and swim an additional 20 yards while carrying weight on chest



RECERTIFICATION LIFEGUARD CLASS \$165

September 2-3rd
September 4th

Class 1. September 2-4

4:30-8:30pm
8:00am-5:00pm

October 14-15th
October 16th

Class 2. October 14-16

4:30-8:30pm
8:00am-5:00pm

November 22nd
November 23rd

Class 3. November 22, 23

4:30-8:30pm
8:00am-5:00pm

Register in person or register online today!

1921 W Gate City Blvd. Greensboro, NC 27403

Greensboroaquaticcenter.com

(336)315-8498

Refunds are at the discretion of the facility manager