

LIFEGUARD CERTIFICATION CLASSES

Prerequisites

- Must be at least 15 years of age
- Able to swim 300 yards continuously using front crawl and breast stroke techniques
- Tread water for two minutes without the use of their hands
- Must be able to surface dive 7-10 feet to retrieve a 10lb weight, return to surface and swim an additional 20 yards while carrying weight on chest



Certification Lifeguard Class \$285

Class 1. September 8-11

September 8-10
September 11th

4:30am—8:30pm
8:00am—5:00pm

Class 2. October 6-9

October 6-8
October 9th

4:30am—8:30pm
8:00am—5:00pm

Class 3. November 3-6

November 3-5
November 6th

4:30am—8:30pm
8:00am—5:00pm

Class 4. December 28-30

December 28-30

10:00am-5:00pm

Register in person or register online today!

1921 W Gate City Blvd. Greensboro, NC 27403

Greensboroaquaticcenter.com

(336)315-8498

Refunds are at the discretion of the facility manager