



GAC Water Exercise Members,

This email reviews important class information for GAC water exercise classes in the Month of August.

Starting Monday August 2nd, our training pool will be closed until August 24th due to GAC hosting Speedo Summer Championships and the draining of the training pool to ensure some install corrections are made.

August 2nd-6th There will be no deep water fitness classes.

August 9th-24th All deep water classes will be held in the dive well.

All of our Monday-Friday classes have been moved 30 minutes earlier due to 2nd Grade Learn to Swim starting back late August. Please review the flyer for class times.

Thanks for your continued support! Please give us a call at 336-315-8498 if you have any questions or concerns.

Thank you,

GAC Management