

LIFEGUARD CERTIFICATION CLASSES

Prerequisites

- Must be at least 15 years of age
- Able to swim 300 yards continuously using front crawl and breast stroke techniques
- Tread water for two minutes without the use of their hands
- Must be able to surface dive 7-10 feet to retrieve a 10lb weight, return to surface and swim an additional 20 yards while carrying weight on chest



RECERTIFICATION LIFEGUARD CLASS \$165

June 14th
June 15th
June 16th

Class 1. June 14,15,16

12:00-5:00pm
12:00-5:00pm
12:00-5:00pm

June 29th
June 30th
July 1st

Class 2. June 29,30,1

12:00-5:00pm
12:00-5:00pm
12:00-5:00pm

July 5th
July 6th
July 7th

Class 4. July 5,6,7

12:00-5:00pm
12:00-5:00pm
12:00- 5:00pm

Register in person or register online today!

1921 W Gate City Blvd. Greensboro, NC 27403

Greensboroaquaticcenter.com

(336)315-8498

Refunds are at the discretion of the facility manager