

LIFEGUARD CERTIFICATION CLASSES

Prerequisites

- Must be at least 15 years of age
- Able to swim 300 yards continuously using front crawl and breast stroke techniques
- Tread water for two minutes without the use of their hands
- Must be able to surface dive 7-10 feet to retrieve a 10lb weight, return to surface and swim an additional 20 yards while carrying weight on chest



Certification Lifeguard Class \$285

April 14-16
April 17th

Class 1. April 14—17

4:30-8:30pm
8:00am-5:00pm

April 28-30
May 1st

Class 2. April 28- May 1

4:30-8:30pm
8:00am-5:00pm

May 12-14
May 15

Class 3. May 12- 15

4:30-8:00pm
8:00am-5:00pm

May 26-28
May 29

Class 4. May 26-29

4:30-8:00pm
8:00am-5:00pm

Register in person or register online today!

1921 W Gate City Blvd. Greensboro, NC 27403

Greensboroaquaticcenter.com

(336)315-8498

Refunds are at the discretion of the facility manager